

RETURN TO OURSELVES

2-day workshop for self
discovery

8TH – 9TH OF MARCH, 2026

DAILY MOVEMENT | GUIDED MEDITATION SESSIONS |
HEALTHY GOURMET MEALS | NATURE
EXCURSIONS

RUDĂRIȚA, NR. 3, POARTA-BRAN, WWW.THEPINES.RO



RETURN TO OURSELVES

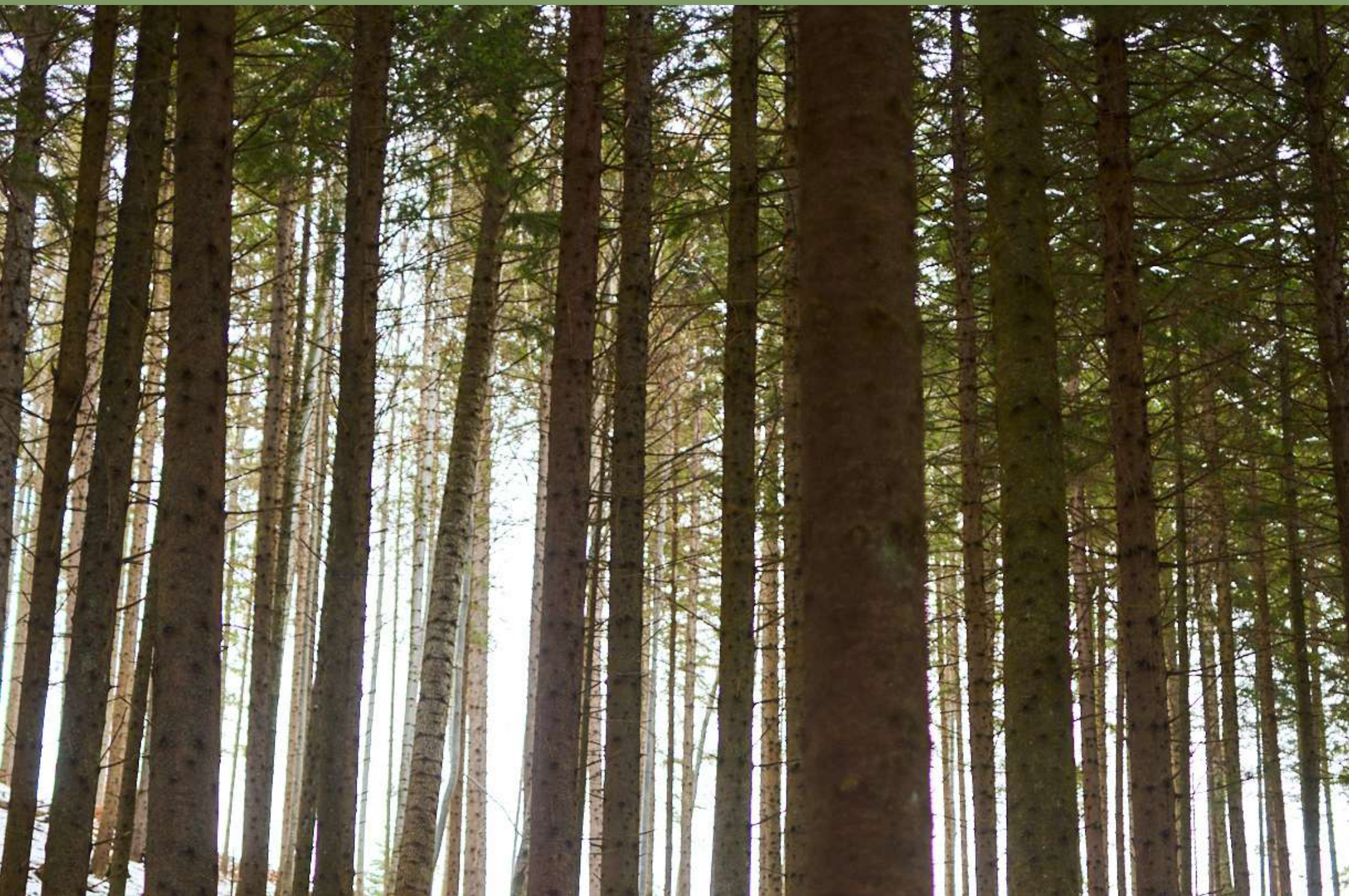
Spiritual journey workshop

08.03.2026 – 09.03.2026

Ready to join us in the
mountains?

Check out our
website for all the
retreat details and
secure your spot
today! Limited spaces
available

By turning inward, we awaken our true potential and inner light. Meditation creates deep peace and strength to face life's challenges. In stillness, we can gently release past pain, heal on a deeper level and let go of what no longer serves us. Through forgiveness and new perspectives, we grow, transform, and expand our spiritual awareness. True freedom is found within.



- o The path of the grail is an inner journey of awakening to the true soul light within, across the landscape of your mind to becoming self-realised
- o From ancient Egypt to the temple of the Buddha and Joshua, these teachings remain pure, free from doctrine & dogma
- o The manifested oil is to show you that the spiritual dimensions are real and that you are never alone
- o The unique manifested sounds we use are from sacred earth energy centres. They contain frequencies that help the awakening of spiritual consciousness





o There is always time to explore with questions, but do not expect an absolute answer. When we search a mystery is no longer one, when we discover answers inside of us. Many answers will lead to more questions, which is where change of perception and looking at things differently, can offer us new perspectives. When we search we find, it is all part of the journey

o FEAR is something that controls and prevents you realising your full potential (False Emotions Appearing Real). When we embrace change positively and push ourselves outside of our comfort zones a whole new life can open up

o Many people are living lives how they believe they should, as opposed to the ones they really want to. By opening up to who you really are and living your truth is liberating and will bring joy into your life. You can be a 'Hostage to the Past or a Host to Your Future'



o As well as the group work, at times you will work in pairs affording you invaluable time to share and explore things with each other. This will identify common themes and patterns, which often highlight root causes and bring comfort in knowing you are not the only one having those thoughts or experiences

o We are here to support and guide you through the journey of self-discovery. All backgrounds, beliefs or religions are welcome. There is one truth, one light and one source of creation and to know this, is to become your true soul light

Schedule:

Saturday, March 7 – 9:30 AM – 5:30 PM, including buffet lunch

Sunday, March 8, 2025 – 10:00 AM – 5:00 PM, including buffet lunch

Participation Fee:

€160 per person – seminar fee – payable in cash in EUR on site

300 RON per person – 2 buffet lunches and coffee breaks

English – mandatory

Participation at the workshop does not require mandatory accommodation at The Pines Bucegi Lodge



Accommodation options at The Pines Bucegi Lodge

Minimum stay: 2 nights

20% discount code off the price displayed on
www.thepines.ro: SEMINAR20

The discount code must be included in your
reservation email sent to: bucegilodge@thepines.ro

